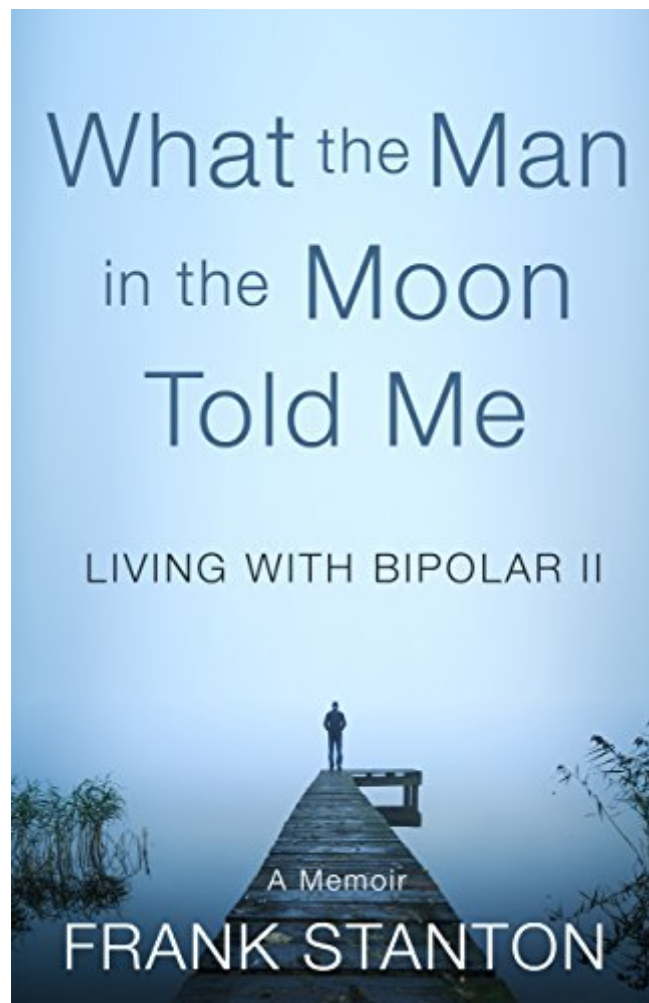




Ebook Directory
the best source of ebook

The book was found

What The Man In The Moon Told Me: Living With Bipolar II A Memoir



Synopsis

Frank Stanton was a man accustomed to dealing with dark depressions but his first experience with mania in 1998 led to an unexpected diagnosis of bipolar disorder type II. This began more than a decade long struggle for acceptance of his illness and compliance with its treatment. In his memoir, Stanton shares the sometimes harrowing and sometimes humorous details of his experiences as well as provides a wealth of information about bipolar disorder itself. An entertaining and informative resource for anyone wanting to know more about what it means to be bipolar.

Book Information

File Size: 608 KB

Print Length: 273 pages

Publication Date: September 6, 2016

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B01LPL76IQ

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #78,961 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #51

in Kindle Store > Books > Health, Fitness & Dieting > Mental Health > Bipolar #88 in Kindle Store >

Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Mental Health > Mental

Illness #270 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling &

Psychology > Pathologies

Customer Reviews

As a person with Bipolar II, I highly recommend this book. The author takes the reader into the "eye of the hurricane" that is mania. Then sinking into the bottomless pit that is depression.

Such a great book. I'm newly diagnosed and see so much of myself in this book.

Great. Well written.

What exquisite descriptions. I felt it was myself talking. Wish I could write like that.

A fantastic read about a very difficult subject that many, including myself, do not understand. Frank uses humor to tell the story of a very challenging life with a Bipolar II condition that went undiagnosed for much of his life. The book was hard to put down and I actually laughed out loud many times.

This is a fantastic read, and I must say the author is a talented writer and quite hilarious. Highly recommended!

[Download to continue reading...](#)

What the Man in the Moon Told Me: Living With Bipolar II A Memoir Break the Bipolar Cycle: A Day-by-Day Guide to Living with Bipolar Disorder Two Bipolar Chicks Guide To Survival: Tips for Living with Bipolar Disorder Bipolar Happens! 35 Tips and Tricks to Manage Bipolar Disorder Not Just Up and Down: Understanding Mood in Bipolar Disorder (The Bipolar Expert Series Book 1) Mindfulness for Bipolar Disorder: How Mindfulness and Neuroscience Can Help You Manage Your Bipolar Symptoms Why Am I Still Depressed? Recognizing and Managing the Ups and Downs of Bipolar II and Soft Bipolar Disorder (NTC Self-Help) Beautiful Bipolar: A Book About Bipolar Disorder Survival Strategies for Parenting Children with Bipolar Disorder: Innovative Parenting and Counseling Techniques for Helping Children with Bipolar Disorder and the Conditions that May Occur with It Living Well with Depression and Bipolar Disorder: What Your Doctor Doesn't Tell You...That You Need to Know (Living Well (Collins)) Living With Someone Who's Living With Bipolar Disorder: A Practical Guide for Family, Friends, and Coworkers Secrets The Secret Never Told You;Law of Attraction for Instant Manifestation Miracles: 5 Secrets Never Told on How to Use the Law of Attraction (Law of ... Instant Manifestation Miracles Book Book 2) The Greatest Music Stories Never Told: 100 Tales from Music History to Astonish, Bewilder, and Stupefy (The Greatest Stories Never Told) "Then Wayne Said to Mario. . .": The Best Stanley Cup Stories Ever Told (Best Sports Stories Ever Told) "Then Bowa Said to Schmidt. . .": The Greatest Phillies Stories Ever Told (Best Sports Stories Ever Told) Llewellyn's 2018 Moon Sign Book: Plan Your Life by the Cycles of the Moon (Llewellyn's Moon Sign Books) Moon Above, Moon Below (Moon Brothers WWII Adventure Series Book 1) Moon Charleston & Savannah (Moon Charleston & Moon Savannah) The Iron Man Collection: Marvel's Iron Man, Marvel's Iron Man 2, and Marvel's Iron Man 3 Less than Crazy: Living Fully with Bipolar II: No. 2

Contact Us

DMCA

Privacy

FAQ & Help